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DC

Well there was this one time I had attended the Fall 2016 National Youth Leadership Forum: National Security - Diplomacy, Intelligence & Defense for Envision. This was between September 27th and October 2nd in Washington DC and Maryland. This was the first time I flew in a plane by myself, and was with no one but strangers with no sight of family anywhere. In fact this was my first time spending a week in DC and I was kind of nervous, not just because I was basically alone, but it was a new environment that I had to adjust to fast. To my surprise it was not that bad. I was expecting it to be boring, not as hectic as the city life that I'm accustomed to already, which in all honesty, DC is no where close to being as hectic, but I found myself appreciating the sites around there more than I did in New York. During my first three days I had visited numerous memorial sites, like the WWII memorial site, Vietnam, Korean war, Martin Luther King Jr.s, the Lincoln memorial, Arlington cemetery, and a few more sites. Visiting those sites really made me appreciate how far as a country we came, and how freedom is truly not free. After this realization the rest of the week no longer seemed like a challenge for me, I didn't fear being alone in DC after that point in time, I guess the real reason I adapted is because instead of focusing my attention on my fear of being alone with strangers, I focused on embracing the new environment with open arms, seeing things that I would never see at home.

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